

Rilion Gracie Martial Arts School



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Martial Arts in Pakenham, VIC We are a traditional Brazilian Jiu Jitsu team, that have discipline and respect as our main values. Whether you start training BJJ for competition, fitness, self defense, conditioning... We are here to help you make it become true. It does not matter your age, body type, or fitness condition, we provide you a simple and effective way to learn the basic positions from a traditional BJJ school. Our head coach Jhuniior Guarnido has over 19 years of experience in this area. Come down and become part of our family. Rilion Gracie is the youngest male son of the Grand Master Carlos Gracie Sr. (the founder of Gracie Brazilian Jiu Jitsu and the creator of MMA). He has been involved in his father's tradition since he was born. He has grown up in the world of mats, healthy living, improved life skills and philosophic concepts of Gracie Jiu-Jitsu. Rilion is proud to have had his father Carlos Sr. and his brother Rolls (the forefather of modern Jiu Jitsu) as his mentors and professors.

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